



# Bed Bugs

## Help sheet

The presence of bed bugs can be distressing and cause irritation. Bites can lead to red, itchy marks or bumps on the skin. While some people might not show any signs of being bitten, others could have severe skin reactions and lose sleep because of it. Additionally, an infestation can harm the reputation of a business or organisation.

### Did you know...

Bed bugs can **easily spread by hitchhiking** on luggage, clothing, or other belongings. This is why infestations often occur in hotels, transport and homes.



### TYPICAL PLACES YOU MAY FIND BED BUGS

Bed bugs get their name because they mostly live in beds. Due to their feeding habits, they usually stay close to their food source.

- ▶ Mattress seams or bed frames
- ▶ Chair or sofa seams
- ▶ Furniture
- ▶ Electrical sockets
- ▶ In curtains
- ▶ Skirting boards and carpets
- ▶ Walls and cracks & crevices



### WHAT TO DO IF YOU IDENTIFY SIGNS OF BED BUGS

If you suspect you have an infestation, it's important to act quickly. At Vergo, our comprehensive bed bug treatments range from detection using our trained sniffer dogs, to bed bug eradication treatments including heat treatment.

### How to identify a bed bug infestation



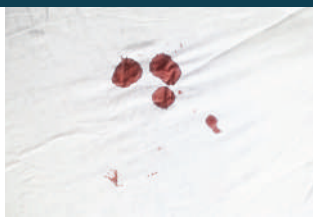
#### STAINING

Bed bugs deposit their faeces after every meal. This will appear as dark brown / black stains on bedding, mattresses, and bed frames.



#### SIGHTINGS

Sightings of either live bed bugs, their shed skins, or eggs.



#### SPOTS OF BLOOD

Found on your bedding caused by the crushing of bed bugs in your sleep.



#### BITES ON YOUR SKIN

They will be red, slightly swollen, itchy and may appear in clusters.

At Vergo, we will tailor our solution to meet your needs



If you have an issue with bed bugs, call **0344 335 0330** or visit **vergo.uk**

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